

Spiraldynamik® Annual Conventions 2010 – 2024

LIST OF SPEAKERS AND CONTRIBUTORS



2024 | my health – Anstiftung zur Gesundheit

KEYNOTE SPEAKERS ((A-Z))

Dr. Emanuel Brunner

Researcher in the School of Health Sciences at the Eastern Swiss University of Applied Sciences (OST) and physiotherapist at the cantonal hospital in Winterthur. Dr. Brunner specializes in physiotherapy, mental health, and rehabilitation, with a focus on the interplay between physical and psychological well-being. He has published over a dozen articles and currently holds affiliations with the KU Leuven, Department of Rehabilitation Sciences.

Prof. Dr. h.c. Martin Fischer

Renowned movement and evolutionary researcher from Friedrich Schiller University Jena. Professor Fischer's research has revolutionized the understanding of the locomotor system in terrestrial vertebrates, particularly mammals. His work on dog movement has profoundly influenced veterinary medicine, which led to him receiving an honorary doctorate from the Department of Veterinary Medicine at Justus Liebig University Giessen in 2018.

Christian Heel

Spiraldynamik® lecturer and lead physiotherapist at the Med Center Zurich. For more than 25 years, Heel has worked both domestically and internationally as an expert and lecturer on *Spiraldynamik*®. Today, he is the head of academics, setting new standards and thought models in physiotherapy through active teaching and publications in various physiotherapy journals. He has also released a textbook on *3D Anatomy for Therapists and Educators* with Thieme Publishing Stuttgart. He is married to *Spiraldynamik*® lecturer Christina Heel and lives together with her and their two daughters in the Zurich Oberland.

Dr. med. sen. h.c. Christian Larsen

Co-founder of *Spiraldynamik*® and chief medical director at the Spiraldynamik Med Center in Zurich, Switzerland. Dr. Larsen is a bestselling author, lecturer, and instructor. He is a federal senator of economics h. c. of the German Association of Small and Medium-Sized Businesses (BVMW) and a board member of the Health Commission.

Prof. Dr. Hauke Mommsen

Physiotherapist, Medical doctor specialized in trauma surgery and orthopedics, and professor for physiotherapy at the Kiel University of Applied Sciences (Fachhochschule Kiel). His research focuses on the scientific foundations of physiotherapy and quality assurances. Mommsen is also a sports physician and is currently the team doctor for Hannover 96 and the U21 national team of the German Football Association. He has also provided long-term medical care for the players of THW Kiel, SG Flensburg Handewitt, FC Schalke 04, and FC St. Pauli.

Prof. Dr. Gerd Nagel

Professor of Internal Medicine and Oncology and most recently served as Scientific Director of the Clinic for Tumor Biology at the University of Freiburg. After his retirement, he founded the Patient Competence Foundations in Switzerland and Germany. Today, he is considered one of the pioneers of patient empowerment and works as a coach in this field, seeing medicine also as a cultural science that knows how to optimally utilize the patient's own resources in coping with crises or illnesses.

Dr. Maja Storch

Depth and motivational psychologist, author, and co-inventor of the Zurich Resource Model (ZRM®). Storch is the head of the Institute for Self-Management and Motivation Zurich (ISMZ) at the University of Zurich (UZH) and has written numerous articles, book chapters, and books on a

Spiraldynamik

variety of topics ranging from motivational psychology and health care management to eating disorders. She shares her knowledge and breadth of experience in workshops and seminars, psychotherapy, supervision, and in coaching.

CONTRIBUTING ARTISTS

Merlin's Liquid Light» featuring Yatara, Aerial Silk Dragon und Ann May

The art performance – was an intoxicating yet harmonizing interplay of music, movement, light, and color – an extraordinary visual spectacle. At the my health congress Merlin & Yatara created a visual spectacle together with two movement artists – one on the ground and one in the air.

2022 | my health – vom Stress zur inneren Stille

KEYNOTE SPEAKERS ((A-Z))

Prof. Niels Birbaumer

Psychologist, neuroscientist, professor at the University of Tübingen until 2019, and scientific fellow at the Center of Bio-and Neuro-engineering in Geneva. Birbaumer has led research efforts exploring, inter alia, neuronal plasticity and learning, aspects of epilepsy, and most recently the use of brain-computer interface technology for patients in the final stages of amyotrophic lateral sclerosis (ALS). He has received numerous scientific awards over the years.

Renate Lauper

Teacher, professional dancer, and *Spiraldynamik*® expert. For more than 25 years, Lauper has been committed to developing *Spiraldynamik*®, particularly with regards to social education and the mental-spiritual development through movement. She is a certified *Spiraldynamik*® lecturer and physiotherapy educator, and leads the in-house specialist team for social education FSP. She is also the owner of Move Place Trilapark in Zofingen, Switzerland.

Jörg Fuhrmann

Author, director of the freiraum-Institut, transpersonal therapist and supervisor, and expert for crises, de-hypnosis and altered states of consciousness. Fuhrmann accompanies people across the globe through challenging transitions, existential questions of meaning and crises. He shares his expertise and wealth of personal experience as a trainer, lecturer, and coach for various institutions, including for universities and colleges.

Prof. David Scheffer

Professor for human resource management and business psychology at the Nordakademie university of applied sciences in Hamburg. Prof. Scheffer's research interests centre on the influence of implicit personality systems on professional and consumer behaviour. His work also explores digitization in HR management, the use of weak AI in aptitude diagnostics, and well as neuromarketing, and the neuropsychological aspects of market research and brand development. Prof. Scheffer is also a partner and scientific director at the management consultancy fbt.

Dr. Stephanie Schoss

Serial entrepreneur, leading expert on team effectiveness, and founder of *C Talks*. Dr. Schoss is a director at the University of St. Gallen (HSG) Executive School of Management, Technology & Law, and a founding director of the Center of Excellence for Top Team Research at the HSG Institute of International Management. She was recognised as manager of the year in 2013 by Generation CEO.

Dipl. Ing. Florian Wolf

Co-founder and CEO of YourPrevention™, which specialises in medical and coaching services for stress management and prevention at the corporate, leadership, and individual level. Wolf has extensive experience in scientific research, product and strategy development, and well as consulting and business coaching. His focus since 2009 lies on changing the neurobiological equilibrium and supporting individuals achieve greater self-effectiveness, inter alia, through enhanced mindfulness and social skill development.

Pastor Dr. Dr. Hermann Zoche

Philosopher, pastor, friar, author, and management consultant. Pastor Zoche holds a dual degree in Theology and Philosophie, and has published numerous books on the subject of business ethics, spirituality, meditation, and prayer. He co-founded an academy for management

Spiraldynamik

consulting together with the entrepreneur Roland Betz, and holds seminars, lectures, and training courses for companies, management, and industry on a variety of topics, including conflict management, communication, and leadership. He is currently the head of the pastoral unit Maria Bronnen and the parish priest of Gurtweil.

2021 | Personalised Medicine

KEYNOTE SPEAKERS ((A-Z))

Prof. Dr. med. Oliver Gruber

Professor, psychologist, philosopher, and biological anthropologist. Prof. Gruber teaches at the Heidelberg University and is the head of the Experimental Psychopathology and Imaging Section at Heidelberg University, as well as the Kraepelin Day Clinic and the Special Outpatient Clinic for Personalised Psychiatry.

Prof. Dr. Daniela S. Jopp

Psychologist, associate professor of Psychology at University of Lausanne, and Member of the Swiss SNSF funded Center of Competence in Research LIVES Overcoming Vulnerability. Prof. Jopp completed her PhD in Psychology at the Free University of Berlin in Germany and has previously been a research fellow at the University of Heidelberg, and the Georgia Institute of Technology.

Dr. med. sen. h.c. Christian Larsen

Co-founder of *Spiraldynamik*® and chief medical director at the Spiraldynamik Med Center in Zurich, Switzerland. Dr. Larsen is a bestselling author, lecturer, and instructor. He is a federal senator of economics h. c. of the German Association of Small and Medium-Sized Businesses (BVMW) and a board member of the Health Commission.

Dr. med. Hans-Joachim Petersohn

Chief physician and founder of *Salutomед*® in Düsseldorf, and expert on naturopathy, chirotherapy, and sports- and environmental medicine. Alongside numerous teaching and research activities at the German Medical Association for Manual Medicine Hamm-Boppard (FAC), Dr. Petersohn is a federal senator of economics h. c. of the German Association of Small and Medium-Sized Businesses (BVMW) and first chairman of its Health Commission.

Dr. Stephanie Schoss

Serial entrepreneur, leading expert on team effectiveness, and founder of *C Talks*. Dr. Schoss is a director at the University of St. Gallen (HSG) Executive School of Management, Technology & Law, and a founding director of the Center of Excellence for Top Team Research at the HSG Institute of International Management. She was recognised as manager of the year in 2013 by Generation CEO.

Prof. Dr. Wolfgang Schöllhorn

Professor for training and movement science at the Johannes Gutenberg University in Mainz, former professional athlete, and creator of the Differential Learning System (DL). Prof. Dr. Schöllhorn holds a PhD in biomechanics from the University of Frankfurt. He is an associate professor at the Shanghai Sports University and a visiting professor at several other renowned universities across the globe.

Prof. Dr. med. Dr. jur. Thomas Szucs

Chairman of the board of directors of the Helsana Group, professor of Pharmaceutical Medicine and director of the Institute of Pharmaceutical Medicine at the University of Basel, and former chief medical officer of Hirslanden Holding. Prof. Szucs is a specialist for pharmacogenetics, personalised medicine, prevention, and public health. He is also a professor and part-time lecturer for Medical Economics at the University of Zurich and an honorary professor at the University of Peking Health Science Center.

Prof. Dr. Eberhard Wolff

Medical historian, cultural anthropologist, and lecturer at the Department of Social Anthropology and Cultural Studies (ISEK) of the University of Zurich. Since 2017, Dr. Wolff is also an honorary professor for cultural anthropology at the University of Basel. He is an editor for culture, society and history at the Swiss Medical Journal, and a member of the advisory board of the Swiss Society for the History of Medicine and the Natural Sciences.

CONTRIBUTING ARTISTS

Dieter Schonlau

National Geographic photographer, author, activist, and speaker for the protection of the world's rainforests. Schonlau is a global rainforest expert; he has 30 years of experience studying the local flora & fauna and has spent more than 4'000 nights in rainforests around the world.

Gretchen Bernard-Newburger

Professional ballet dancer, and founder and director of the *Atelier Rainbow Tanzkunst* (ART) dance academy in Switzerland. Bernard-Newburger followed master studies and scholarships in the United States and France. She has performed as a soloist or principal ballerina in major classics and ballets in Europe and North America.

2020 | Die Zukunft meines Gesundseins

KEYNOTE SPEAKERS ((A-Z))

Lina Constantinovici, MBA

Founder and CEO of *Innovation 4.4.*, founding partner of *BVC Partners*, and founder of *StartupNectar* and the *Risk and Value Creation Institute*. As a mentor at Hub Ventures Accelerator and Cleantech Open, and as an advisory board member for SXSW Eco's Startup Central, Constantinovici has advised start-ups for the past eight years. She is a speaker and university lecturer on biomimetic innovation and holds an MBA in Sustainable Management.

Prof. Dr. Dr. Johannes Huber

Professor at the Medical University of Vienna, bestselling author, theologist, and medical specialist on gynaecology and smart aging. Prof. Huber is a former Member of the Supreme Austrian Health Organisation, and he has provided expertise to the Austrian Parliament and the German Bundestag. He is a visiting professor at John Hopkins University and at George Washington University.

Dr. med. sen. h.c. Christian Larsen

Co-founder of *Spiraldynamik®* and chief medical director at the Spiraldynamik Med Center in Zurich, Switzerland. Dr. Larsen is a bestselling author, lecturer, and instructor. He is a federal senator of economics h. c. of the German Association of Small and Medium-Sized Businesses (BVMW) and a board member of the Health Commission.

Prof. Dr. Dr. med. Frank Rühli, EMBA

Director of the Institute of Evolutionary Medicine of the University of Zurich, head of the Paleopathology and Mummy Studies Group, and head of museum of the Medical Collection and Human Remains Group. Prof. Rühli is a visiting professor at the National University of Singapore and the University of Geneva. He is a steering committee member at several medical research initiatives, and the president of the International Society for Evolution, Medicine and Public Health.

Prof. Dr. med. Burkhard Schütz

Managing partner and medical director of BIOVIS Diagnostik MVZ GmbH in Limburg, Germany. Prof. Schütz serves as medical director and board member in several companies, including the International Society for Applied Preventive Medicine and International Society for Bioimmunotherapy. He is currently an associate professor and director at the Institute for Stress and Microbiome-Research of WMU Warsaw and teaches at the German-speaking health campus of the Elisabeth University Bratislava.

Prof. Dr. Jörg Spitz

Entrepreneur, author, and medical specialist for nuclear medicine, nutrition medicine (esp. vitamin D), and prevention. Former head of Nuclear Medicine at the Municipal Hospital Wiesbaden and former professor for nuclear medicine at the University of Mainz. Prof. Spitz is on the board of the European Health Network and has founded the Society for Medical Information and Prevention as well as the German Foundation for Health Information and Prevention.

Prof. Dr.med. Dr. hc Paul Robert Vogt

Medical specialist for cardiovascular surgery and director of the Clinic for Cardiac Surgery at the University Hospital Zurich. Prof. Vogt is the founder and president of the *EurAsia Heart* medical foundation, and a cardiovascular surgery consultant for the Hirslanden Group. He has been a visiting professor at medical universities in Russia, and Central and Southeast Asia, and received

the Vasily P. Kolesov Medal by the State Medical University, St. Petersburg, Russia Clinic for Cardiovascular Surgery.

Prof. em. Dr. oec. Hans Wüthrich

Professional coach for boards and executive leaders, and professor at the University of the Federal Armed Forces Munich, Faculty of Economics and Organisational Sciences. Prof. Wüthrich is also the vice-president of the Administration Migros-Genossenschafts-Bund and sits on the boards of several foundations.

Christoph Ziegler

Impact investor teak tree plantations, and co-owner and president of *Arbofino* AG. Mr. Ziegler also has expertise as a professional coach and trainer, as well as in the successful development of e-learning platforms.

CONTRIBUTING ARTISTS

Eric Spitzer-Marlyn and Lisa Stern of the Musical Ensemble *Marlyn & Stern*

Group of professional musicians, singers, and songwriters specialised in folk and world music. Lisa Stern has worked in theatre, film, and music. She is also a lecturer at Spiraldynamik® and a speaker at several Austrian state museums. Eric Spritzer-Marlyn studied film/television in Los Angeles and has worked at world-class production studios in New York. He has been a jury member of the Grammy Awards since 2015.

2018 | Mein Leben, authentisch, spannend, erfüllt

KEYNOTE SPEAKERS ((A-Z))

Dr. Jane Bormeister

Owner of *Atelier für Rhetorik* in Berlin, and professor for social pedagogy, management, and coaching at the Internationale Berufsakademie (iba) in Leipzig. Dr. Bormeister is a coach and specialist in rhetoric and public speaking, and has worked for the communication strategist and graduate rhetoric teacher Eberhard Wittig, for VW Bordnetze, Bilfinger & Berger, EnBW, Berlin-Brandenburgische Treuhand GmbH.

Prof. Dr. Maximilian Moser

Director of the Institute for Health Technology and Prevention Research Chronobiology in Weiz, expert on sleep, stress and recovery, and vegetative regulation. Dr. Moser is also the former head of the Institute of Noninvasive Diagnosis. He has and continues to teach at numerous universities in Austria, as well as the University of Virginia. The latter of which awarded him the Attinger Award.

Diana Richardson

Bestselling author, sex therapist, and pioneer of the Slow Sex movement. She became the disciple of tantric Master Osho in India in 1979 and is the co-founder of *The Making Love Retreat*.

Nina Ruge

German journalist, TV presenter, and bestselling author. Ruge has recently co-authored a bestselling textbook on better aging and the anti-aging revolution. She has received several awards in the field of entertainment, as well as social engagement. She has been a UNICEF Ambassador since 2012. She was named person of the year in 2019 by the Green Brand Germany.

Dr. phil. Habil. Erika Schuchardt MdB

Author, lecturer, and professor emeritus of Educational Research and Adult Education at Leibniz Universität Hannover. Dr. Schuchardt was a CDU-member of the Bundestag between 1994 and 2002, and the vice-president of the German UNESCO-Commission. She is the founder of, and an active board member of the *Federal Working Group for the Children of Chernobyl*.

Stefan Verra

One of the most highly regarded body language experts and coaches in Europe. Verra is a bestselling author, a respected TV personality, and he teaches at several leading European universities. He holds talks and conducts stage shows across Europe, the United States, and in China, entertaining and amazing tens of thousands of audience members every year. His research and holistic approach is endorsed by doctors and scientists alike.

SPIRALDYNAMIK® CONTRIBUTORS

Yolande Deswarte

Co-founder of *Spiraldynamik®*, physiotherapist, and international lecturer for the *Spiraldynamik® Akademie*.

Spiraldynamik

Nadine Neuwerk

Licensed Spiraldynamik® physiotherapist and co-owner of the *Bubos&Neuwerk* physiotherapy practice in Hamburg.

Petra Wagner

Leading Spiraldynamik® physiotherapist and founder of *Praxis55* in Salzburg.

Dr. Astrid Hohenau

Medical doctor for paediatrics and geriatrics at OptimaMed in Austria.

Renate Lauper

Professional dance pedagogue, founder of the *Schönenwerd Dance Academy* and the dance company *Dance-Teamwork*, and professional choreographer. Lauper is the author of several textbooks and is a former lecturer at the Higher Pedagogical Institute PH FHNW in Switzerland.

CONTRIBUTING ARTISTS

Nicole Nagel & Laurenz Gemmer

Professional performance artists specialized in musical improvisation. Nicole Nagel is a professional singer, speaker, voice coach, and vocal researcher. She has a Rolfing™ practice in Cologne and founded *3rdSpace* in 2015, a transcultural lab. Laurenz Gemmer specializes in piano improvisations and teaches at the conservatories in Freiburg and Cologne. He has toured through France, Romania, and China, among others, and has performed at renowned venues such as the Kölner Philharmonie and the Festspielhaus Baden-Baden. Gemmer has received special audience-awards at the Grotrian Steinweg competitions in Weimar.

2016 | Alternativen? geht doch!

KEYNOTE SPEAKERS ((A-Z))

Charlie Morley

Hay House bestselling author, Mindvalley coach, and teacher of both lucid dreaming and Mindfulness of Dream & Sleep. Morley has been a speaker at both Oxford and Cambridge Universities, the Ministry of Defence Mindfulness Symposium, The Houses of Parliament (on Buddhism & youth culture) and the Mindfulness Association Annual conferences. In 2018 he was awarded a Winston Churchill Fellowship grant to research PTSD treatment in Military Veterans. He runs workshops and retreats across the globe.

Dr. med. Pim van Lommel

Cardiologist, international expert in the field of near-death experiences, and author of the bestseller "Consciousness Beyond Life". Dr. van Lommel has received a number of awards for his work, including the Network Book Prize Award by the Medical and Scientific Network in 2010 or, most recently, the second prize for the essay competition launched by the Bigelow Institute for Consciousness Studies (BICS). He continues to research, publish, and lecture on the relationship between consciousness and the brain.

Prof. Dr. rer. nat. Markolf Niemz

Biophysicist, bestselling author, and professor of biomedical engineering at Heidelberg University. Prof. Niemz is also the director of the Mannheim Biomedical Engineering Laboratories (MABEL). He has received several research grants and has worked as a research fellow in Germany and the United States, notably at Wellman Laboratories, Harvard Medical School, USA.

Christoph Pfluger

Freelance journalist, author, and editor of the bi-monthly magazine "Zeitpunkt". Pfluger delves into, and critically addresses issues pertaining to the structure of the current monetary system.

Joachim Schoss

Serial entrepreneur and advisory board member of, *inter alia*, Neue Zürcher Zeitung (NZZ), Globalance-Bank, and numerous start-ups, charitable foundations, and academic institutes at WHU and HSG. He is the founder of *Scout24*, *MyHandicap*, and *EnableMe*. Schoss was named „Business Angel of the Year“ and one of the Top Ten „Founders of the Decade“. He is president of three charitable foundations and of five start-ups in the fields of fintech, proptech, real estate and big data.

Prof. Jörg Spitz

Entrepreneur, author, and medical specialist for nuclear medicine, nutrition medicine, and prevention. Former head of Nuclear Medicine at the Municipal Hospital Wiesbaden and former professor for nuclear medicine at the University of Mainz. Prof. Spitz is on the board of the European Health Network and has founded the Society for Medical Information and Prevention as well as the German Foundation for Health Information and Prevention.

SPIRALDYNAMIK® CONTRIBUTORS

Martin Pielok

Head physiotherapist at *the* Spiraldynamik® Med Centers in Lucerne and Zug. Scientific assistant of Dr. med. Christian Larsen. Certified Valedo® Therapist (differentiated back training using 3-D sensors).

CONTRIBUTING ARTISTS

Spiraldynamik

Eric Spitzer-Marlyn and Lisa Stern of the Musical Ensemble *Marlyn & Stern*

Group of professional musicians, singers, and songwriters specialised in folk and world music. Lisa Stern has worked in theatre, film, and music. She is also a lecturer at Spiraldynamik® and a speaker at several Austrian state museums. Eric Spritzer-Marlyn studied film/television in Los Angeles and has worked at world-class production studios in New York. He has been a jury member of the Grammy Awards since 2015.

2014 | Bewusstsein - neue Erkenntnisse aus der Medizin

KEYNOTE SPEAKERS ((A-Z))

Martin Amann

Advisory board member of the Swiss Institute for Limbic Communication and Strategy (IFLK), expert and consultant in the fields of neuro-marketing, brand management, advertising effectiveness, among others. He has advised several large organizations, including Novartis, Nestlé, and the Swiss Radio and Television (SRF). Ammann holds a M.Sc. in cognitive neuroscience from the Academy of Neuroscience and lectures, *inter alia*, at ETH Zurich, and the universities of applied sciences in Zurich and Berne.

Prof. Fabrizio Benedetti

Professor of neurophysiology and human physiology at the University of Turin Medical School, and consultant and scientific advisory board member of Program in Placebo Studies and the Therapeutic Encounter (PiPS) hosted at Beth Israel Deaconess Medical Center/Harvard Medical School. Prof. Benedetti sits on the editorial boards of several scientific journals. His work has been honored repeatedly, *inter alia*, by the American Society of Clinical Hypnosis from which he received the William S Kroger Award in 2015.

Prof. Dr. Claus Eurich

Philosopher, author, and professor for communication and ethics at Institute for Journalism at the Technical University of Dortmund. Prof. Eurich has published more than 13 books on subjects ranging from spirituality and ethics to nonviolent communication and the art of leadership. He holds lectures and seminars on personality development, spirituality, and ethics at the Domicilium Weyarn and Benediktushof Holzkirchen in Germany.

Dr. med. Barbara Hochstrasser

Specialist in psychiatry and psychotherapy, head physician at the Meiringen Private Clinic in the Bernese Oberland, and lecturer at the Lassalle-Haus. Dr. Hochstrasser is a burnout-expert and the president of the Swiss Expert Network on Burnout .

Prof. em. Dr. med. Jürg Kesselring

Neurologist, honorary professor for clinical neurology and neurorehabilitation at the University of Bern, and professor in the field of neuroscience at the University of Zurich and at ETH Zurich. Prof. Kesselring previously served as the head physician for neurology and rehabilitation at the Valens Rehabilitation Centre in Switzerland, and as the president of the Swiss Multiple Sclerosis Society from 2005 to 2011. He is a longstanding member of the International Committee of the Red Cross.

Dr. med. Pim van Lommel

Cardiologist, international expert in the field of near-death experiences, and author of the bestseller "Consciousness Beyond Life". Dr. van Lommel has received a number of awards for his work, including the Network Book Prize Award by the Medical and Scientific Network in 2010 or, most recently, the second prize for the essay competition launched by the Bigelow Institute for Consciousness Studies (BICS). He continues to research, publish, and lecture on the relationship between consciousness and the brain.

Spiraldynamik

CONTRIBUTING ARTISTS

Malou Fenaroli

Founder and artistic director of the internationally renowned dance company *Cinevox Junior Company*, professional dancer, teacher, and choreographer. Fenaroli is also the founder of the *Swiss Ballet Vocational School Zurich*, now TaZ at the Zurich University of the Arts.

2012 | Intelligent Health & Medicine - 20-year anniversary of Spiraldynamik®

KEYNOTE SPEAKERS ((A-Z))

Prof. Dr. med. Barbara Biedermann

Owner and CEO of *Cobedix AG*, founder of the COBEDIAS® method, and medical director at the COBEDIAS Institute in Switzerland. Dr. Biedermann is also an honorary professor in internal medicine at the University of Basel and the president of the board of directors of the Hottingen Health Centre. Prof. Biederman completed a research stay at the Yale Medical School in the United States and previously worked in the pioneering field of molecular medicine at the University of Basel.

Prof. Dr. Jürgen Freiwald

Author, specialist in movement science, and professor for movement and training science at the University of Wuppertal, Department of Movement and Training Science. He is head of the Research Centre for Performance and Functional Diagnostics and Training Consultancy (FLT) and was an advisory board member of the Society for Orthopaedic-Traumatological Sports Medicine (GOTS) for 12 years.

Manfred Manser

President of the board of directors of the University Children's Hospital Basel (UKBB), expert on health insurance and non-profit management. Manser also sits on the board of directors and board of trustees in various Swiss companies in the healthcare sector, including the private clinic Pyramide in Zurich and the Foundation for the Promotion of People with Disabilities (Humanitas) in Horgen.

Lic. Phil. Delia Schreiber

Respiratory- and psychotherapist, coach, and owner of a private practice on the shores of the lake of Zurich. Schreiber has led several projects with the Patient Competence Foundation since 2004 and conducted workshops with cancer, stoma, MS, and rheumatism patients. Her findings have been published in a number of textbooks and articles. She holds group workshops and professional seminars on crisis management, trauma, and communication based on systemic and neurobiological principles.

Prof. Jörg Spitz

Entrepreneur, author, and medical specialist for nuclear medicine, nutrition medicine (esp. vitamin D), and prevention. Former head of Nuclear Medicine at the Municipal Hospital Wiesbaden and former professor for nuclear medicine at the University of Mainz. Prof. Spitz is on the board of the European Health Network and has founded the Society for Medical Information and Prevention as well as the German Foundation for Health Information and Prevention.

Prof. Dr. phil. Roland Stutz

Sports scientist, author, and co-founder and board member of the European Association of Andulation Therapy (EAAT) and the International Association of Andulation Technology (IAAT). Prof. Stutz is also a board member of the German Future Academy. He previously served as a medical advisor for the UFF Uzbek Football Federation (national team) and as the scientific director of the Institute of Cell-Information. He received the VRT-Award 2004 from the Association for Rehabilitation and Training Therapy.

Spiraldynamik

CONTRIBUTING ARTISTS

Die Quartbreakers

Munich's most multifaceted vocal ensemble. The seven singers (three tenor and four bass) specialize in a cappella and have performed alongside world-famous conductors, including Claudio Abbado, Daniel Barenboim, James Levine, and Zubin Mehta. All seven members have received professional training at the Tölzer male choir. They have performed at prestigious events in business, politics and culture, including at the Bavarian State Chancellery, the RIAS Commission in Berlin, Swiss Re in Zurich, and at the Max Planck Institute.

Vinzenz Wagner

Actor, dancer, and co-founder of the dance theatre group *Nobulus*. Wagner has performed on numerous stages worldwide such as the Palace Of Fine Arts (San Francisco), Sadler's Wells Theatre (London) and Das Große Festspielhaus (Salzburg). Wagner starred in the leading role of the hit show *Out Of The Shadow*, and has assumed lead roles in the Austrian feature film *Rise Up! And Dance* as well as the Canadian TV show *X Company*.

2010 | Intelligent Learning

KEYNOTE SPEAKERS ((A-Z))

Matthias Horx

Leading trend researcher and futurologist in the German-speaking world and founder of the futurist think tank, the *Zukunftsinstitut* with headquarters in Frankfurt and Vienna. Horx has written and published 20 books on various subjects in the field of futurology, some of which became bestsellers. He was also a guest lecturer at the Zeppelin-University in Friedrichshafen from 2005 to 2013.

Dr. phil. Hanspeter Gubelmann

Sports psychologist at the Institute of Behavioural Sciences at ETH Zurich. Dr. Gubelman is a former professional athlete and has worked for Swiss Olympic as a trainer of top athletes. He is currently applying his breadth of expertise to new areas, including work-life integration, health and performance, leadership, and environment management.

Dr. med. Christian Larsen

Co-founder of *Spiraldynamik®* and chief medical director at the Spiraldynamik Med Center in Zurich, Switzerland. Dr. Larsen is a bestselling author, lecturer, and instructor. He is a federal senator of economics h. c. of the German Association of Small and Medium-Sized Businesses (BVMW) and a board member of the Health Commission.

Renate Lauper

Professional dance pedagogue, founder of the *Schönenwerd Dance Academy* and the dance company *Dance-Teamwork*, and professional choreographer. Lauper is the author of several textbooks and is a former lecturer at the Higher Pedagogical Institute PH FHNW in Switzerland.

Dr. Konstantin Mitgutsch and Dr. Herbert Rosenstingl

Dr. Konstantin Mitgutsch is founder of Playful Solutions and works as a game design consultant and coach in Vienna, Austria. He lectures at the University of Fine Arts Vienna and is an Affiliate Researcher at the MIT GAME LAB at the Massachusetts Institute of Technology, in Boston. Dr. Rosenstingl is a trained media educationist and author. He has worked at the Austrian Youth Ministry since 1994 in the field of new media and media education and heads the federal Office for the Positive Predication of Computer and Console Games.

Prof. Dr. Wolfgang Schöllhorn

Professor for training and movement science at the Johannes Gutenberg University in Mainz, former professional athlete, and creator of the Differential Learning System (DL). Prof. Dr. Schöllhorn holds a PhD in biomechanics from the University of Frankfurt. He is an associate professor at the Shanghai Sports University and a visiting professor at several other renowned universities across the globe.

Prof. Dr. med. Manfred Spitzer

Neuroscientist, author, professor for psychiatrics at the University of Ulm, and medical director of the Psychiatric University Clinic in Ulm. Dr. Spitzer founded the the Transfer Center for Neuroscience and Learning (ZNL) at the University of Ulm in 2004. He previously worked as a senior physician at the Psychiatric University Hospital in Heidelberg and completed two visiting professorships at Harvard University and another research stay at the Institute for Cognitive and Decision Sciences at the University of Oregon.

CONTRIBUTING ARTISTS

Bremen Philharmonic Chamber Orchestra (The Deutsche Kammerphilharmonie Bremen)

An award-winning international orchestra managed by Albert Schmitt and with Paavo Järvi as the artistic director. It has held the position as "Orchestra in Residence" at the Elbphilharmonie Konzerte and the international Beethovenfest Bonn, and in 2016, it named the first "Orchestra of the Year" by Deutschlandfunk Kultur. The orchestra performs regularly in concert halls and at music festivals throughout the world, has performed at numerous festivals, including the the Bremen Music Festival, the Beethoven Festival in Warsaw and at concert halls in Vienna, Hamburg, Beijing, and Shanghai.